



INTEGRAL UNIVERSITY

इंटीग्रल विश्वविद्यालय

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INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH (IINSR)

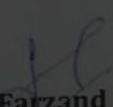
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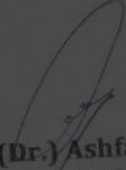
Dated: 11/02/2023

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NOTICE

A meeting regarding the Organizing camp on Sexual and Reproductive Health Awareness Week for the month of February 2023, is scheduled to be held on 13th February to 25th February at 2 PM. All the faculty members are hereby informed to attend the meeting in the HOD office at 11:00 AM.


Mr. Farzand Ali
Principal, IINSR


Prof. (Dr.) Ashfaque Khan
Director (IIAHSR)

CC to:

All Concern

1. Executive Director- For Kind Information
2. Dean/ Director IINSR- For Kind Information
3. Medical Superintendent- For Kind Information
4. Dy. Medical Superintendent- For Kind Information
5. Director, IIAHSR
6. All HOD, IINSR
7. All Faculty Members of Nursing
8. Notice Board
9. Office Copy



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INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH (IINSR)

Ref.No. : IINSR/PT/GL/2023/

Dated: 11/02/2023

MINUTES OF MEETING GUEST LECTURE

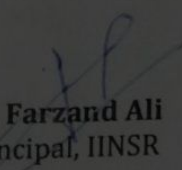
A meeting regarding Organizing camp on Sexual and Reproductive Health Awareness Week for the month of February 2023, is scheduled to be held on 13th February to 25th February at 2 PM. The agenda of the meeting was regarding the nomination, selection and arrangement of Guest Speaker.

The following members attended the meeting:

● Prof. (Dr.) Ashfaque Khan	Chairperson
● Mr. Farzand Ali	Member
● Mr. Tanzil Khan	Speaker
● Ms. Shahnaj Qumer	Member
● Mrs. Pragya Awasthi	Member
● Ms. Navneet Kaur	Member
● Ms. Hardeep Kaur	Member

The following aspects were discussed and according following decisions were taken:

1. The camp date was organized on 25th Feb 2023, by Dr. Bhavna Gupta, Head of OBG Department, timing would be at 2:00PM.
 2. Welcome speech will be given by Ms. Shahnaj Qumer (Assistant Professor).
 3. Vote of thanks will be given by Mrs. Pragya Awasthi (Associate Professor).
 4. All students from MBBS, Interns and Nursing students would be allowed to attend the Camp.
- The Meeting concluded with the vote of thanks.


Mr. Farzand Ali
Principal, IINSR

Prof. (Dr.) Ashfaque Khan
Director (IIAHSR)

CC to:

1. Executive Director, IIMSR, IINSR, IIAHSR
2. Dean, Faculty of Nursing
3. Director, IIAHSR
4. All the faculty members of IINSR



INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH
INTEGRAL UNIVERSITY, LUCKNOW
DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

11-02-2023
Date: 10-02-2023

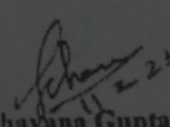
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NOTICE

The Department of Obstetrics & Gynaecology, IIMSR is organizing Camp on "Sexual and Reproductive Health Awareness Week" in OPD complex for the month of February 2023 from 13.02.2023 to 25.02.2023.

The following programme is scheduled:

1. Public awareness campaign in OPD for Patients and their Attendants, MBBS students, Interns, Nursing Students, regarding:
 - a. Awareness on healthy sexual behavior in adolescent and general population.
 - b. Awareness about clinical features, preventive measures and management of STDs and RTI.
2. CME on "Menstrual Hygiene & Sexually Transmitted Diseases" will be presented by Faculty and Residents of OBG on 28.02.2023 at 2:00pm. Faculty, Residents, Interns of OBG, MBBS and Nursing Girls Students will attend the same.


Dr Bhavana Gupta
Professor & Head
Department of OBG

Dr Bhavana Gupta
Professor & Head of Department
Dept of Obs & Gynae
IIMSR, Lucknow

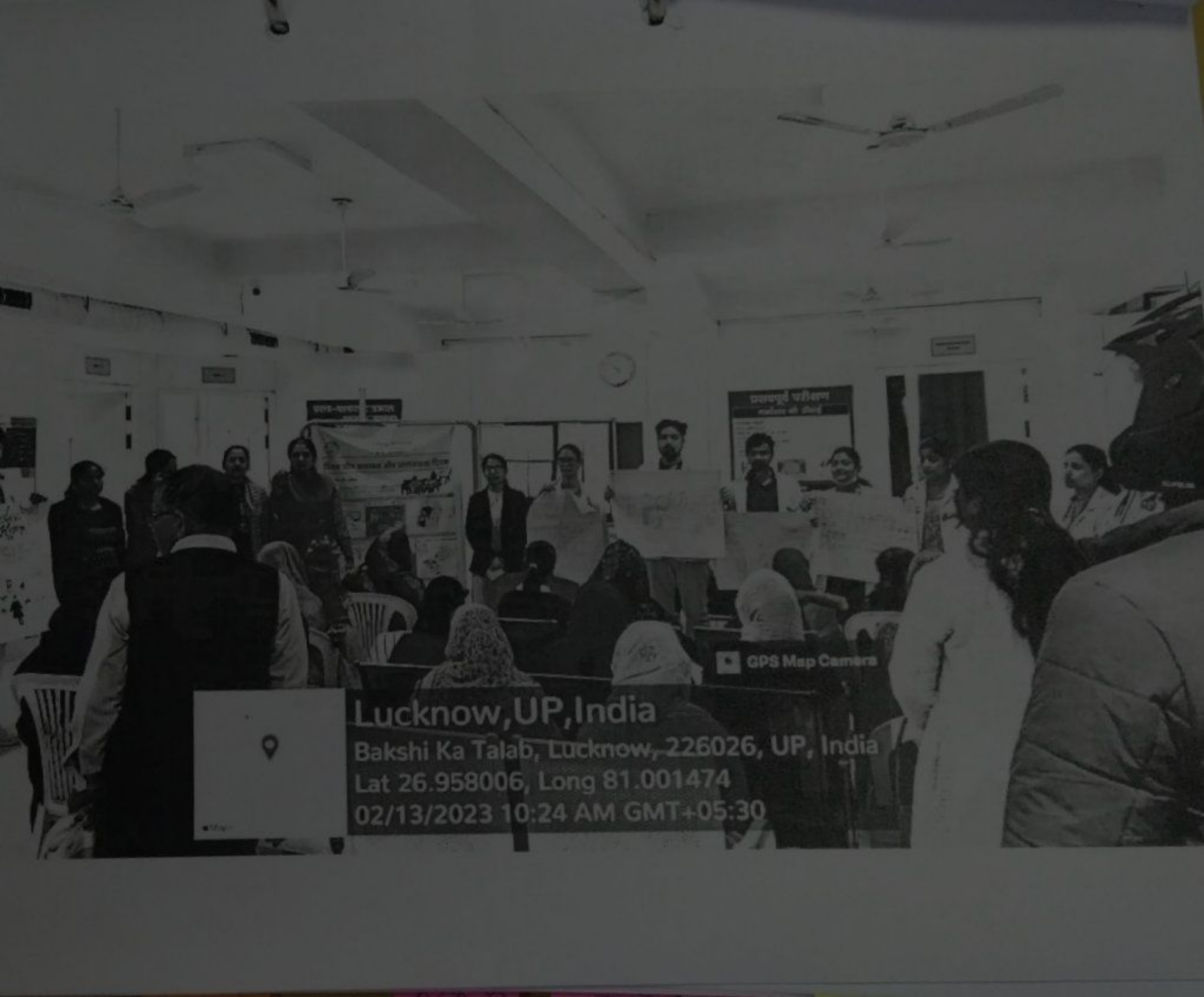
Copy to:

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2. Dean IIMSR
3. Medical Superintendent
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5. Principal- Nursing, IINSR ✓
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Lucknow, UP, India

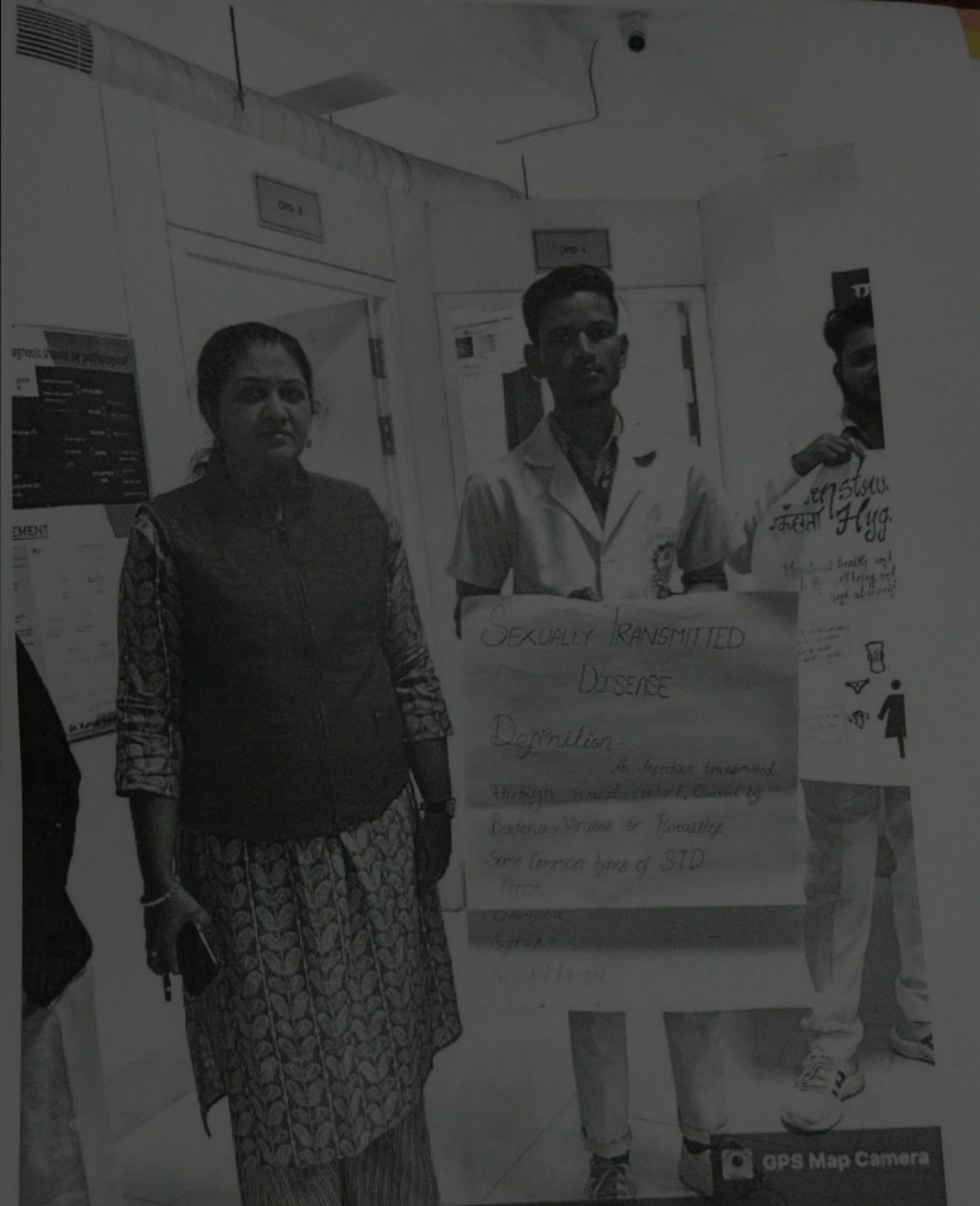
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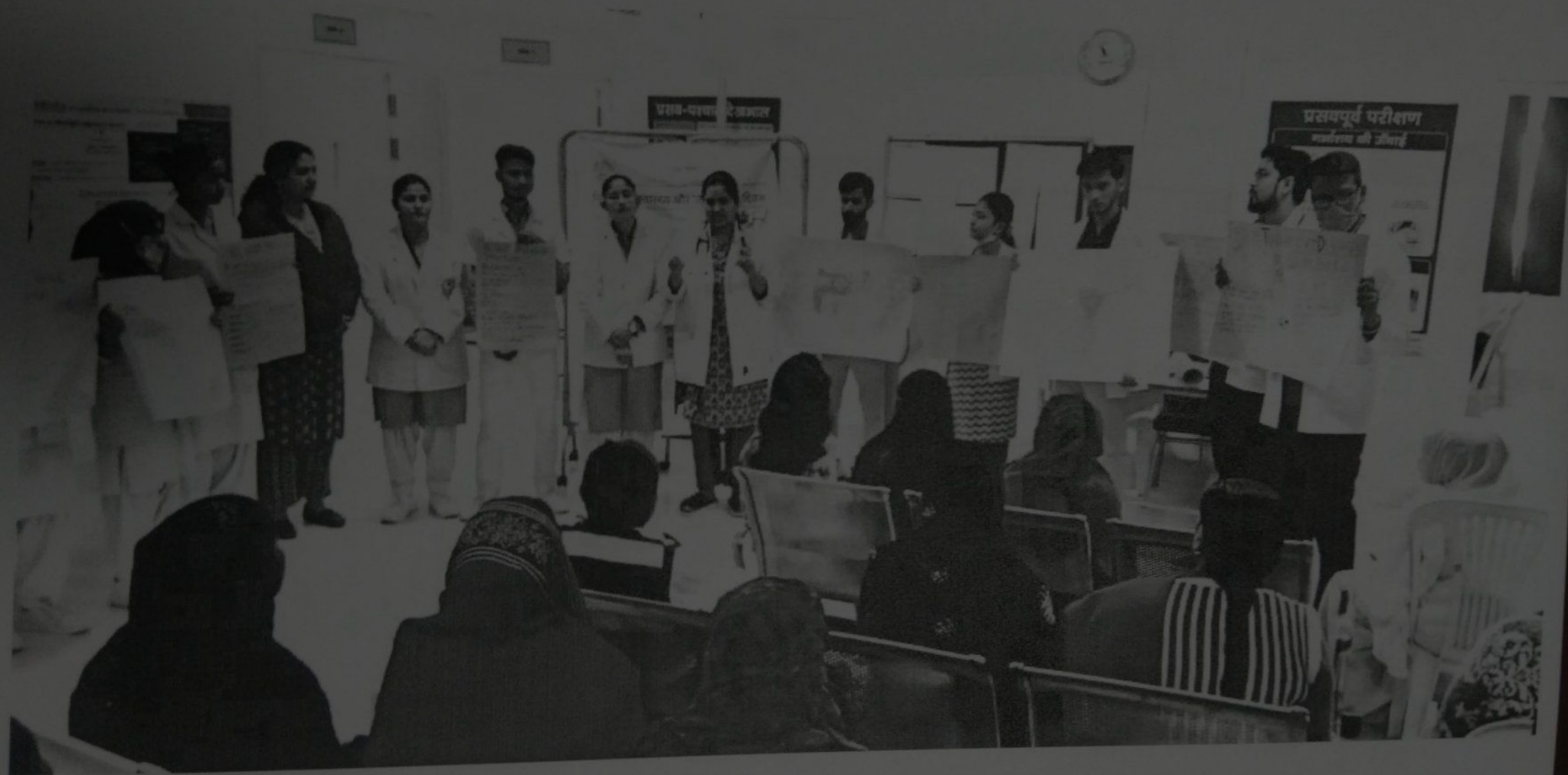
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Report on- Camp on "Sexual and Reproductive Health Awareness Week" Organized by Department of Obstetrics & Gynecology, IIMSR from 13th February to 25th February 2023.

Dear All,

The department of Obstetrics & Gynecology, IIMSR had organized camp on "Sexual and Reproductive Health Awareness Week" from 13th February to 25th February 2023. This camp was organized by Dr. Bhavna Gupta, Head of OBG Department, Welcome Speech has given by Ms. Shahnaj Qumer (Assistant Professor). The camp was organized at the OPD complex. The programme was scheduled for public awareness campaign in OPD for patients and their attendants, MBBS students, Interns, Nursing Students. The programme was scheduled for awareness on healthy sexual behavior in adolescent and general population and awareness about clinical features, preventive measures and management of STDs and RTI. CME on "Menstrual Hygiene

The faculty proposed for the lecture on **Sexual and Reproductive Health Awareness Week**

1. Prof.(Dr.) Ashfaq Khan, Director, IIMSR.
2. Mr. Farzand Ali, Principal, Department of, Nursing IUL
3. Mrs. Pragya Awasthi, Assistant Professor, Department of, Nursing IUL.
4. Ms. Navneet Kaur, Tutor, Department of, Nursing IUL.
5. Ms. Hardeep Kaur, Tutor, Department of, Nursing IUL.

Day 1 –

Date: - February 13, 2023

The week started with an opening ceremony that included a welcome address by the event organizers and an introduction to the importance of sexual and reproductive health awareness. This was followed by a lecture from Prof. Ashfaq Khan, Director of IIMSR, on the basics of sexual and reproductive health.

Day 2 –

Date: - February 14, 2023

On the second day, Mr. Farzand Ali, Principal of the Department of Nursing IUL, gave a lecture on family planning and contraceptive methods. He talked about the different types of contraceptives available, their effectiveness, and how to use them.

Day 3 –

Date: - February 15, 2023

Mrs. Pragya Awasthi, Assistant Professor in the Department of Nursing IUL, delivered a lecture on sexually transmitted infections (STIs) and their prevention. She discussed the common types of STIs, their symptoms, and ways to prevent their transmission.

Day 4 –

Date: - February 16, 2023

Ms. Navneet Kaur, Tutor in the Department of Nursing IUL, gave a lecture on menstrual health and hygiene. She talked about the menstrual cycle, common menstrual disorders, and how to maintain good menstrual hygiene.

Day 5 –

Date: - February 17, 2023

fifth day of the week was dedicated to a panel discussion on the challenges faced by marginalized communities in accessing sexual and reproductive health services. The panel was moderated by Ms. Hardeep Kaur, Tutor in the Department of Nursing IUL, and included experts from various fields.

Day 6 -

Date: - February 18, 2023

On the sixth day, there was a screening of a documentary on gender-based violence and its impact on sexual and reproductive health. The screening was followed by a discussion session led by the event organizers.

Day 7 -

Date: - February 19, 2023

The seventh day was a break day, and no lectures or events were scheduled.

Day 8 -

Date: - February 20, 2023

The second week of the Sexual and Reproductive Health Awareness Week started with a lecture by Prof. Ashfaq Khan on the importance of sexual education in schools and colleges. He discussed the need for comprehensive sexual education and its potential benefits.

Day 9 -

Date: - February 21, 2023

Mr. Farzand Ali gave a lecture on male reproductive health and common issues faced by men, such as erectile dysfunction and infertility. He also talked about the importance of regular check-ups and early detection of any problems.

Day 10 -

Date: - February 22, 2023

Mrs. Pragya Awasthi delivered a lecture on maternal health and the importance of prenatal care. She discussed the common health issues faced by pregnant women and ways to ensure a healthy pregnancy.

Day 11 -

February 23, 2023

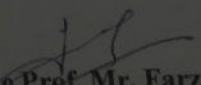
Ms. Navneet Kaur gave a lecture on women's sexual health and common problems faced by women, such as vaginitis and menopause. She also talked about the importance of regular gynecological check-ups.

Day 12 -

Date: - February 24, 2023

The twelfth day was dedicated to a closing ceremony, which included a recap of the lectures and events of the past two weeks. The event organizers also shared their plans for future initiatives to promote sexual and reproductive health awareness.

Nursing students can educate their peers on different types of contraceptives, their effectiveness, and how to use them correctly. They can also discuss the importance of using contraceptives to prevent unintended pregnancies and sexually transmitted infections.


Associate Prof. Mr. Farzand Ali

Principal IINSB

Integral College of Nursing

Kursi Road, Lucknow-226026

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF NURSING

AWARENESS ACTIVITY ON SEXUAL AND REPRODUCTIVE HEALTH AWARENESS

List of the Nursing Students for Attending Camp

S.No.	Name	Year	Signature	S.No.	Name	Year	Signature
1.	Akanksha Rao	4 th	Akanksha	2.	Jahannum Khan	4 th	Jahannum
3.	Alisha	4 th	Alisha	4.	Sujitha	4 th	Sujitha
5.	Ms. Jyoti	4 th	Ms. Jyoti	6.	Nidha Yadav	4 th	Nidha
7.	Virek Ka Yadav	4 th	Virek	8.	Bagga Pandey	4 th	Bagga
9.	Kailash Kumar	4 th	Kailash	10.	Singh Arun	4 th	Singh
11.	Meharj Datta	4 th	Meharj	12.	Rishika Rai	4 th	Rishika
13.	SARVANK SINGH	4 th	SARVANK	14.	Kanksha Jaiswal	4 th	Kanksha
15.	Sabbhya Rai	4 th	Sabbhya	16.	Nalini Yadav	4 th	Nalini
17.	Aakruti Varma	4 th	Aakruti	18.	Shalini Mishra	4 th	Shalini
19.	Aditya Kumar	4 th	Aditya	20.	Swati Vikram	4 th	Swati
21.	Aisha Begam	4 th	Aisha	22.	Aisha Salwan	4 th	Aisha
23.	Ajji Ranaol	4 th	Ajji	24.	Ajay Kumar	4 th	Ajay
25.	Anika Rajbhar	4 th	Anika	26.	Akshita Varma	4 th	Akshita
27.	Aparna Singh	4 th	Aparna	28.	Anshika Singh	4 th	Anshika
29.	Aqsa Khan	4 th	Aqsa	30.	Ashwini Bano	4 th	Ashwini
31.	Ashu Farhan	4 th	Ashu	32.	Gunika Gupta	4 th	Gunika
33.	Ashu Deepa	4 th	Ashu	34.	Deepika Saini	4 th	Deepika
35.	Khadija Idan	4 th	Khadija	36.	Kajal Wadhwa	4 th	Kajal
37.	Lorain Devi	4 th	Lorain	38.	Kanishka Sharma	4 th	Kanishka
39.	Neha Anil	4 th	Neha	40.	Kanishka Singh	4 th	Kanishka
41.	Neha Singh	4 th	Neha	42.	Kanishka Singh	4 th	Kanishka
43.	Pooja Singh	4 th	Pooja	44.	Pooja Singh	4 th	Pooja
45.	Debi Ali Anand	4 th	Debi	46.	Rohita Mishra	4 th	Rohita

Mr. Farhad Ali

Principal INSR

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Integral College of Nursing
Gandhi Road, Lucknow-226026

48.	Raziya Kousar	4th/4	Raziya	Sabachuddin	4th/4	Sabachuddin
50.	Rohit Kumar Goud	4th/4	Rohit	Sabreen	4th/4	Sabreen
52.	Safiya	4th/4	Safiya	Shivam Yadav	4th/4	Shivam
54.	Saima Siddiqui	4th/4	Saima	Shreyansh	4th/4	Shreyansh
56.	Sahar Afreen	4th/4	Sahar	Suhani Singh	4th/4	Suhani Singh
58.	Shalini Singh	4th/4	Shalini	Sultana Akmal	4th/4	Sultana
60.	Sunaina	4th/4	Sunaina	Sulha Khan	4th/4	Sulha Khan
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Mr. Farzand Ali
Principal IINSR

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